



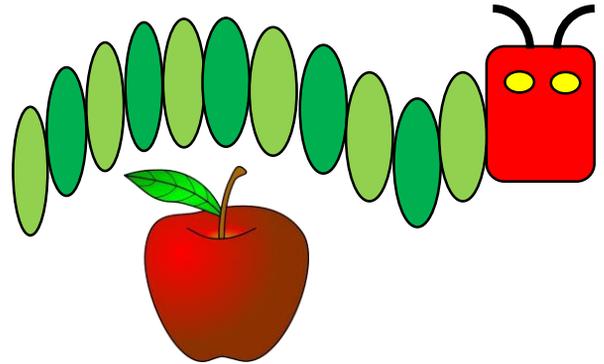
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The Very Hungry Caterpillar

Use the story "The Very Hungry Caterpillar" as starting point for talking about diversity (variety or differences) that exists in types of fruit. Explore the colours and textures of a variety of fruits and prepare fruit to make and eat a "rainbow fruit kebab". Can you make a rainbow from fruit?

Have you read the story of The Very Hungry Caterpillar? If you have the book at home you could read this together. If you don't have the book at home, you can listen to the author, Eric Carle, reading the book here:

<https://www.youtube.com/watch?v=vkYmvxP0AJI>



The Very Hungry Caterpillar © Eric Carle

If you enjoyed reading the story of The Very Hungry Caterpillar, you can watch a short animated film of the story here:

<https://www.youtube.com/watch?v=75NqK-Sm1YY>

Which of the foods that the caterpillar eats, have you tried? Are any of the fruits that the caterpillar eats amongst your favourites?

<https://www.twinkl.co.uk/resource/t-n-568-the-very-hungry-caterpillar-maths-booklet>



The caterpillar eats a large variety of different colours of fruit. If you could make a rainbow what colours would you include in it? You can watch this episode of Numberblocks (series 2) to find out what the correct order is for the colours in a rainbow:

<https://www.bbc.co.uk/iplayer/episode/b08pgqt4/numberblocks-series-2-seven>



Khongor Ganbold, Unsplash



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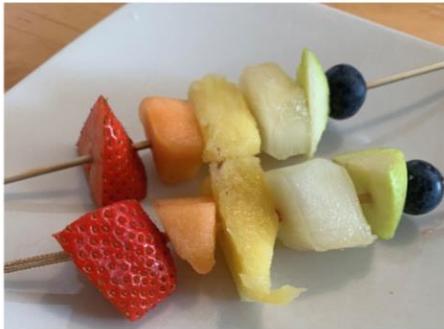
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Would you like to be like The Very Hungry Caterpillar and eat a selection of fruit? Follow the instructions below to make a fruit rainbow using fruit that you have at home. You can use fresh fruit, frozen fruit or tinned fruit if you have it. Make sure you eat what you use and don't waste food! Don't worry if you don't have all the colours.

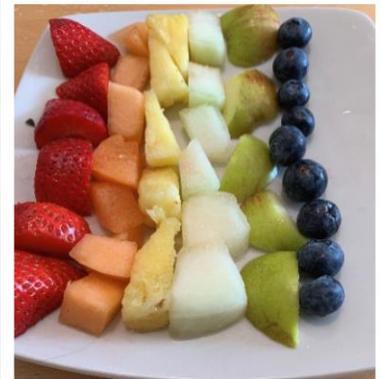


Get an adult to help you get a chopping board and a suitable knife. Taking care with the knife, chop the fruit into chunks and arrange them on a plate in a rainbow. If you have kebab skewers you could make individual fruit kebabs, putting the fruit on the skewer in the order of the colours of the rainbow.

Get active! Try this "Very Hungry Caterpillar themed yoga class:

<https://www.youtube.com/watch?v=YnuOeG2EpVk>

Get Creative! Have a go at our colouring sheets. Colour your rainbow with the colours in the correct order, then draw or colour in some of the fruits you used around your rainbow. Write the name of your favourite fruit and draw a picture of it.



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